



St. Paul's Co-Cathedral Parish

720 Spadina Crescent East
Saskatoon, SK S7K 3H2

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6th Sunday in Ordinary
Time

February 15, 2026

Pay Attention!

A parishioner gave me the gift at Christmas of an interesting book on morality in the digital age. The author argues, correctly in my opinion, that in our times the resource that is most valued is ...**ATTENTION**. The reason for this is that while information is infinitely available, attention is limited. News, politics, advertising, religion, sports, health care ... all are vying for our attention. And we ourselves have a limited attention do we not? Multi-tasking really doesn't work for folks. So, we must be very judicious in how we "spend" our attention. We must be careful in responding to calls for our attention. In this "**attention age**", we must know the power that is ours in choosing where to direct our attention.

We are free to choose. *"If you choose, you can keep the commandments, and they will save you...Before each person are life and death, good and evil and whichever one chooses, that shall be given."* (Sir. 15:15,17).

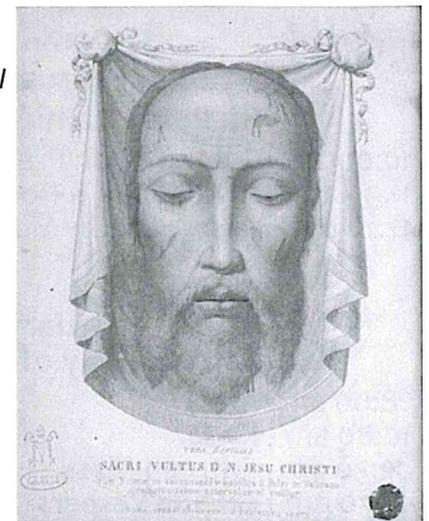
What we attend to will determine what our lives will be. **We are what we eat ... we are what we attend to.** What will be the rule of our lives? Who will rule our lives? To whom will we listen? These are not small questions as the answers are "**Costing not less than everything**" (T.S. Eliot).

We had better, therefore, make certain that the person to whom we pay attention knows the price of "life and death" decisions because they have paid the price which "cost not less than everything." Indeed, why would I pay attention to someone who is just trying to use or exploit me? Why pay attention to anyone who is focused on themselves, their ideas, their pleasure, or their power? More to the point, we really should pay attention to people who have paid "everything" in order to pay attention to us.

Lent begins. Forty days in which we are asked to **pay attention to One who pays so much attention to us** that having created us even more wonderfully pay the price of everything by dying for us, each of us by name. Why? Jesus Christ, our Lord and God, does not need anything from us. He is the only one who has no "hidden agenda" – He is freely FOR US because He is Love. No advertising strategy to seduce us into paying attention to Him. He is totally up front.

He **claims** the authority of God, *"You have heard that it was said ... But I say to you ..."* (Mt.5:21) He **calls** us to move beyond the exterior obedience to God's Law to a complete transformation of our interior being. And, most wonderfully, He **pours out** the Holy Spirit so that we can attend to Him and be transformed. **This has cost Him everything, this will cost us everything ... and this will give us everything.**

So, we begin the Lenten days by honouring the Holy Face of Jesus on Shrove Tuesday. Paying attention to what it cost Jesus to pay attention to each of us. And we lift up our eyes from the demanding lights and noises from our screens and look into the freeing eyes of Divine Love shining from that broken Face that never ceases to invite us to pay attention to the Salvation He has won.



Ash Wednesday Masses will happily be held in the upstairs of our church at 12:10 and at 7 p.m. with Eucharistic Adoration from 1-5 p.m. Come begin this Season of Grace ... and bring someone whom you know is waiting for an invitation to come.

MONDAY, February 16, 2026
Family Day (office closed)

11:30 am - Confessions & Rosary
12:10 pm - **Mass** († Jean-Paul LaFleche)
6:30 pm - Medjugorje Prayer Group

TUESDAY, February 17, 2026
Holy Face of Jesus

11:30 am - Confessions & Rosary
12:10 pm - **Mass** (SI Kirk Taylor)

WEDNESDAY, February 18, 2026
Ash Wednesday

11:30 am - Confessions, & Rosary
12:10 pm - **Mass**
1:00 pm - **Eucharistic Adoration**
7:00 pm - **Mass**

THURSDAY, February 19, 2026

11:30 am - Confessions & Rosary
12:10 pm - **Mass** (SI Jacques Simonot)
4:30 pm - RCIC
7:00 pm - RCIA
8:00 pm - Christ the King Prayer Group

FRIDAY, February 20, 2026

11:30 am - Confessions & Rosary
12:10 pm - **Mass** (SI Donna Brockmeyer)
5:30 pm - Sto. Nino Prayer Group

SATURDAY, February 21, 2026
St. Peter Damian (OM)

10:00 am - Confirmation Prep
11:30 am - Confessions & Rosary
12:10 pm - **Mass** (SI Cathy MacMullin)

SUNDAY, February 22, 2026
1st Sunday of Lent

8:00 am - **Mass**
10:00 am - **Mass**
12:30 pm - Eritrean **Mass**
7:30 pm - **Solemn Vespers**
8:00 pm - **Mass**

Let us pray especially this week for the people of Tumbler Ridge and the community at Holy Cross Mission in this town. Their Bishop, Stephen Jensen, wrote "Today is the feast of Our Lady of Lourdes. In the words of the familiar prayer, we turn to her 'mourning and weeping in this valley of tears.' May we all unite our prayers to our Lady's intercession to ask for God's presence and mercy in our suffering world."

Our Lady of Sorrows, pray for them.

Stations of the Cross

**Fridays at 6:30pm during lent beginning
February 20**

Join us for Soup and Bread following the Stations of the Cross. Crafted by our Children. All are welcome!

Sign up sheets to provide soup or bread for a Friday can be found in the welcome area

Human Trafficking Awareness event will be held on **Friday, Feb. 20**, initiated by the CWL at St. Anne Parish in Saskatoon. The event begins at City Hall square with a flag raising at 11:15 am, followed by a silent walk to the Parktown Hotel with lunch, followed by a panel discussion from 1 p.m. to 3 p.m. hosted by Stephen Moorgen. For more information, email: cwlhta@gmail.com

St. Paul's Spring Marriage Preparation Course

Tuesday evenings at 7pm from April 21 to June 2

To register or for information, contact Liz at marriageprep@stpaulcocathedral.ca

OFFERING for February 8, 2026

Cash Donations	\$ 760.35
Envelopes	\$ 1,710.00
Renovations	\$ 2,120.00