



## St. Paul's Co-Cathedral Parish

720 Spadina Crescent East

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24<sup>th</sup> Sunday in Ordinary  
Time  
September 17, 2023

*"Rage and wrath, these are abominations, yet a sinner holds on them.*

*The vengeful person will face the Lord's vengeance, for he keeps a strict account of their sins."* (Sir.27:30)

Ben Sira speaks powerfully God's word about anger.



There is very little in our lives as dangerous on our journey to Eternity as the **hidden shoals of anger**. It is shipwreck for our souls when we run aground on these feelings so often rooted in deep hurts. Sometimes these are not just shoals under the surface but hidden volcanoes, ready to spew out wrath and bitterness. It breaks my heart as a spiritual father to see how many families are divided by acrimony and anger.

Yet there are reasons to be angry. Our Divine Saviour revealed that there is in God a pure anger when he drove the money changers from the Temple. This is the **anger that comes from Loving**. If you love someone and witness their being hurt by others or themselves then love becomes sad ... and **sad becomes mad**. This is a feeling. But it is a dangerous feeling because if not properly expressed then it becomes very perilous.

St. Paul puts it clearly: *"Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil."* (Eph. 4:25)

It is simple: **do not treasure anger**. Do not bury it deeply. Do not nurture this feeling of mad/sadness storing it away like a weapon for a future moment. Anger disorders us, and disorder is the devil's playground.

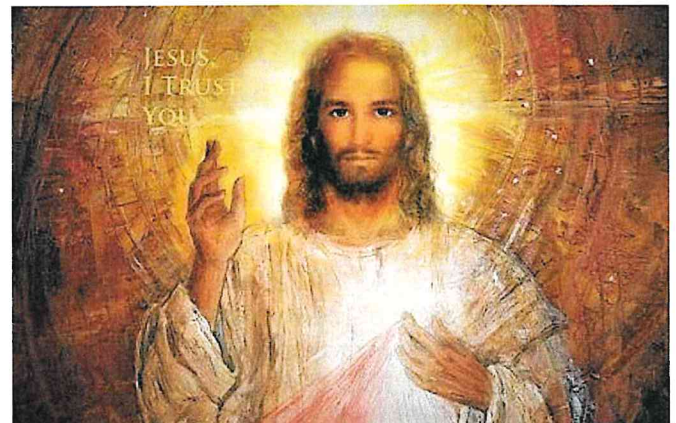
Yet ours are times that cultivate such sinful anger. Our movies and news eagerly portray anger and violence. It seems that days of civil conversation and collaboration have been replaced by suspicion and competition. Anger is the fuel of politics. Anger traps those who see themselves as victims. Anger enriches the profiteers who sell weapons for wars and advertisement space for voyeurs who confuse fury with feeling.

There is only one way out of this destructive anger: **Jesus Christ**. It is the way of being forgiven by Jesus. Let's face it, most people – most Catholics I venture to say – have not experienced the Forgiveness that comes from Jesus in the Sacrament of Reconciliation. People have not encountered the unbelievably generous mercy of our God who, like the king in today's parable, forgave the overwhelming debt (10000 talents=200000 years of labour = \$4.7 billion) of a servant. We dissect and analyze the reasons for our brokenness, we justify our mistakes, we try and "forgive ourselves", or we presume upon God's forgiveness – but those who do not practice the saving faith of the Church do not know the utter forgiveness of God in the Sacrament of Mercy.

If one is not forgiven then one cannot forgive. If one cannot forgive then one is held by "rage and wrath." If one brings "rage and wrath" to the Lord then one shuts off the Lord "merciful and gracious" (Ps. 102)

This is not us. Ours is the grace of being forgiven, of knowing the One who forgives.

And so our anger goes away for the sun sets.





### MONDAY, September 18, 2023

11:00 am - Confessions, Adoration & Rosary  
12:10 pm - **Mass** (*St. Nathan Gaudet*)  
6:30 pm - Medjugorje Prayer Group

### TUESDAY, September 19, 2023

St. Januarius (M)

11:00 am - Confessions, Adoration & Rosary  
12:10 pm - **Mass** (*St. Mary Tahn*)

### WEDNESDAY, September 20, 2023

St. Andrew Kim Tae-Gon, Paul Chong Ha-Sang, and Companions (M)

11:00 am - Confessions, Adoration & Rosary  
12:10 pm - **Mass** (*St. Joseph Tahn*)  
3:00 pm - Eucharistic **Adoration** until 5:00pm

### THURSDAY, September 21, 2023

11:00 am - Confessions, Adoration & Rosary  
12:10 pm - **Mass** (*St. Paul Charlebois*)  
8:00 pm - Christ the King Prayer Group

### FRIDAY, September 22, 2023

11:00 am - Confessions, Adoration & Rosary  
12:10 pm - **Mass** (*St. Gracie Tahn*)  
5:30 pm - Sto. Nino Prayer Group

### SATURDAY, September 23, 2023

St. Pius of Pietrelcina (M)

11:00 am - Confessions, Adoration & Rosary  
12:10 pm - **Mass** (*St. Julius Danchak*)

### SUNDAY, September 24, 2023 25<sup>th</sup> Sunday in Ordinary Time

8:00 am - **Mass**  
10:00 am - **Mass**  
8:00 pm - **Mass**

**"What We Believe - The Beauty of the Catholic Faith"** Maybe you've been Catholic your entire life. Maybe you're just beginning to explore the Catholic Faith. Wherever you are in your journey, come and discover the beauty and richness of the Catholic Church. Join us **Wednesday evenings at 7pm from October 4th - December 6th**. For more information, contact Kelly Donald at (306) 716-4134 or visit [ascensionpress.com](http://ascensionpress.com) for more details.



**Holy Baptism** The baptism of a child is a profound moment and the beginning of a life-long journey of faith. If you would like to have your child baptized in the faith, the next preparation class will be **September 20 & 27**. For more info, please contact the facilitator **Shelley** at [goodshepherd.catechist@gmail.com](mailto:goodshepherd.catechist@gmail.com)



Registration is now open for sacramental preparation! Preparation classes start **Wednesday evenings beginning Oct 4<sup>th</sup>**. First Reconciliation date will be December 9th. For more info and to register, please contact **Shelley** through the Parish Office or by e-mail at [goodshepherd.catechist@gmail.com](mailto:goodshepherd.catechist@gmail.com)



Please join us next Sunday, **September 24**, for the **Knights of Columbus Pancake Breakfast** following the 8:00am & 10:00am Masses.

### OFFERING for September 10, 2023

	Weekly Collection	Monthly Total
Cash Donations	\$626.05	\$1,499.20
Envelopes	\$1,897.00	\$4,081.00
Pre-Authorized Donations		\$4,745.00
E-transfers & other donations	\$284.20	\$1,735.05
		<b>\$12,060.25</b>
Renovations	\$175.00	\$2,425.00

### Our Lady of the Holy Rosary Mass & Procession

Saturday, October 7 at St. Paul's Co-Cathedral

Holy Mass with Bishop Mark at 4:30pm

Candlelight procession with the Blessed Sacrament Benediction

Fellowship in Bishop Mahoney Hall

October is the month of the Holy Rosary.  
Pray for world peace, pray for health,  
**PRAY THE ROSARY!**

