

St. Paul's Co-Cathedral Parish

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of Lent February 26, 2023

I love You, Jesus, my Love;
I repent of ever having offended You.
Never let me offend You again.
Grant that I may love You always;
and then do with me as You will.

These are the words with which St. Alphonsus Liguori – the founder of the Redemptorist Fathers and Brothers – conclude his meditations on the Stations of the Cross. As I walked with the children who followed Deacon Donat as he led the Stations on Friday, I was moved again by these beautiful words that seem to summarize what Lent is about.

Meeting Jesus. Realizing how much we love Him. Meeting Jesus honestly. Honestly bowing before how overwhelmingly He loves us. Knowing the immense cost He paid for His Love ... and how immensely we are Loved by Him. Surrendering again to being in Love with Him, to being Loved by Him – abandoning ourselves to living according to this Love.

I tell married couples how vital it is to go on a date regularly. To reconnect with the love that gets taken for granted in busyness. Lent is our precious annual 'date' ... rather, it is our precious annual vacation ... with Jesus. We fast to clear a space to be with Jesus. We pray to let Jesus love us. We give alms to make our love of Jesus real.

George Herbert wrote perhaps the most beautiful English poem about this love 400 years ago. Some remarkable people have been converted by it. I invite you to ponder it, savour it, and – most importantly – meet Jesus whose loving inspired it.

Love

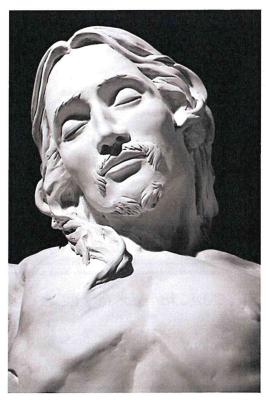
Love bade me welcome: yet my soul drew back, Guilty of dust and sin. But quick-eyed Love, observing me grow slack From my first entrance in, Drew nearer to me, sweetly questioning, If I lacked any thing.

A guest, I answered, worthy to be here:
Love said, you shall be he.
I the unkind, ungrateful? Ah my dear,
I cannot look on thee.
Love took my hand, and smiling did reply,
Who made the eyes but !?

Truth Lord, but I have marred them: let my shame Go where it doth deserve.

And know you not, says Love, who bore the blame? My dear, then I will serve.

You must sit down, says Love, and taste my meat: So I did sit and eat



MONDAY, February 27, 2023

11:00 am - Confessions, Adoration & Rosary

12:10 pm - Mass († Perlita Makinano) 6:30 pm - Medjugorje Prayer Group

TUESDAY, February 28, 2023

11:00 am - Confessions, Adoration & Rosary

12:10 pm - Mass (SI Bergit & Kevin

Pulvermacher)

7:00 pm - Bible Study

WEDNESDAY, March 1, 2023

11:00 am - Confessions, Adoration & Rosary

12:10 pm - Mass (SI Dan & Rita Taylor)

3:00 pm - Eucharistic Adoration until 5:00pm

THURSDAY, March 2, 2023

11:00 am - Confessions, Adoration & Rosary

12:10 pm - Mass (SI Fr. Denis Phaneuf)

7:00 pm - RCIA

8:00 pm - Christ the King Prayer Group

FRIDAY, March 3, 2023

11:00 am - Confessions, Adoration & Rosary

12:10 pm - Mass **(SI Darlene Kinnee)** 5:30 pm - Sto. Nino Prayer Group

6:30 pm - Stations of the Cross

7:00 pm - Gregorian Chant Mass

SATURDAY, March 4, 2023

10:00 am - The Mechanics of Virtue

11:00 am - Confessions, Adoration & Rosary

12:10 pm - Mass (SI Gloria McGee)

SUNDAY, March 5, 2023 2nd Sunday of Lent

8:00 am - Mass 10:00 am - Mass

5:00 pm - Eritrean Mass

7:30 pm - Vespers

8:00 pm - Mass



Gregorian Chant Mass Friday March 3rd at 7:00pm

Starting with Stations of the Cross at **6:30pm**, followed by Mass and then

Chanted Night Prayer, with refreshments served afterwards. All are welcome to join!

OFFERING for February 19, 2023

Cash Donations \$ 1504.20 Envelope Donations \$ 1107.00 Renovations \$ 30,105.00

Stations of the Cross

"We adore You O Christ and we praise You,

because by Your Holy Cross You have redeemed the world"

Fridays at 6:30pm during lent



St. Paul's is invited to join the Lenten Mission with Bishop Jon Hansen entitled "Gift, Greed, Gratitude: Changing our Hearts to Change the World" held at St. Mary's Parish March

1-3 at 7 p.m.

A member of the Redemptorist order, and former pastor of St. Mary's Parish, Bishop Hansen is the 7th bishop of the Diocese of Mackenzie-Fort Smith, and was ordained after ministering as pastor of Our Lady of Victory Parish in Inuvik, NWT. Using scripture, stories and Indigenous examples from the Canadian North, Bishop Hansen will examine issues facing the world and how to effect change beginning with ourselves. All are welcome!

Prayer and Evangelization "Taking Our Faith One Step Farther" Men's Spiritual Enrichment Weekend

March 17 - 18 Holy Spirit Parish

Open to all men of faith, this weekend is an opportunity to reflect on the duty to spread the hope in our faith, and to rededicate oneself to serve God, parish and community.

Registration: https://forms.office.com/r/9cbrbGWv1n Cost: \$40 per person. Registration includes: Friday social gathering snacks and Saturday lunch, coffee/tea. Information: Dale Meier (306) 374-9160 or cdmeier@shaw.ca or Jim Vancha (306) 951-7008 or jimvancha@gmail.com



Eucharistic Adoration Wednesdays 3 - 5 pm Monday to Saturday 11 am - 12 pm