



St. Paul's Co-Cathedral Parish

720 Spadina Crescent East
Saskatoon, SK S7K 3H2

Rector: Very Rev. Fr. Stefano Penna

Office: (306) 652-0033

E-Mail address: parish@stpaulcocathedral.ca

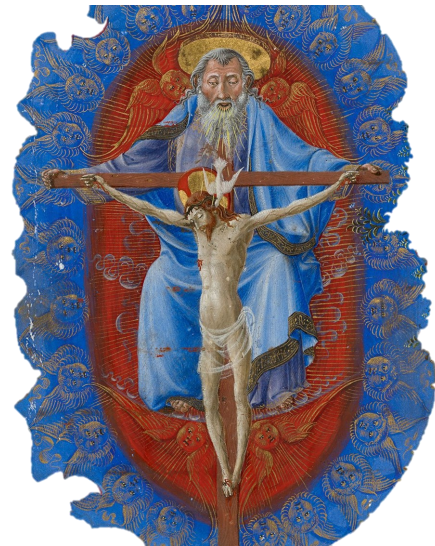
Website: www.stpaulscc.com

E-Transfer: donate@stpaulcocathedral.ca

Solemnity of the Most Holy Trinity

June 12, 2022

Jesus has revealed the True God: not a faceless mystery – but one God, a Community of Persons who are One God who is Love the Father, the Son, and the Holy Spirit. Baptism has brought into the Heart of the Trinity – So that our great hope of living through, with, and in God is ours today. How? Pope Benedict teaches us: through prayer.



“Saint Augustine ... defines prayer as an exercise of desire.

Man was created for greatness—for God himself; he was created to be filled by God. But his heart is too small for the greatness to which it is destined. It must be stretched.

“By delaying [his gift], God strengthens our desire; through desire he enlarges our soul and by expanding it he increases its capacity [for receiving him]”.. ..

He then uses a very beautiful image to describe this process of enlargement and preparation of the human heart.

“Suppose that God wishes to fill you with honey [a symbol of God's tenderness and goodness]; but if you are full of vinegar, where will you put the honey?” The vessel, that is your heart, must first be enlarged and then cleansed, freed from the vinegar and its taste. This requires hard work and is painful, but in this way alone do we become suited to that for which we are destined. Even if Augustine speaks directly only of our capacity for God, it is nevertheless clear that through this effort by which we are freed from vinegar and the taste of vinegar, **not only are we made free for God, but we also become open to others. It is only by becoming children of God, that we can be with our common Father.**

To pray is not to step outside history and withdraw to our own private corner of happiness. When we pray properly we undergo a process of inner purification which opens us up to God and thus to our fellow human beings as well.

In prayer we must learn what we can truly ask of God—what is worthy of God.

We must learn that we cannot pray against others. We must learn that we cannot ask for the superficial and comfortable things that we desire at this moment—that meagre, misplaced hope that leads us away from God. We must learn to purify our desires and our hopes.

We must free ourselves from the hidden lies with which we deceive ourselves. God sees through them, and when we come before God, we too are forced to recognize them. “*But who can discern his errors? Clear me from hidden faults*” prays the Psalmist ^(Ps 19:12) Yet my encounter with God awakens my conscience in such a way that it no longer aims at self-justification, and is no longer a mere reflection of me and those of my contemporaries who shape my thinking, but it becomes a capacity for listening to the Good itself.

For prayer to develop this power of purification, it must on the one hand be something very personal, an encounter between my intimate self and God, the living God.

On the other hand it must be constantly guided and enlightened by the great prayers of the Church and of the saints, by liturgical prayer, in which the Lord teaches us again and again how to pray properly.”

Pope Benedict xvi, *Encyclical Spe Salvi* §33-34

**Make St. Paul's Parish an Icon of You, Holy Trinity!
Stretch our Hearts!**

Family Fun Day

The World Meeting of Families is June 22-26 in Rome. To mark the event, the diocese of Saskatoon is having a Family Fun Day on

June 25 at St. Patrick Parish

10:00 am - Mass with Bishop Mark

Register for this free event before June 23:

rcdos.ca/wmof/

The Knights of Columbus are pleased to again offer a

Pancake Breakfast on June

26 after the 8 am and 10 am

Masses. \$6 per person



MONDAY, June 13, 2022

11:00 am - Confessions, Adoration & Rosary

12:10 pm - Mass († **Gladys Komadoski**)

6:30 pm - Medjugorje Prayer Group

7:00 pm - Bible Timeline Study

TUESDAY, June 14, 2022

11:00 am - Confessions, Adoration & Rosary

12:10 pm - Mass (**SI Emile & Doris Lalonde**)

WEDNESDAY, June 15, 2022

11:00 am - Confessions, Adoration & Rosary

12:10 pm - Mass († **Frank Santoro**)

3:00 pm - Eucharistic Adoration until 5:00 pm

6:30 pm - First Communion Preparation

THURSDAY, June 16, 2022

11:00 am - Confessions, Adoration & Rosary

12:10 pm - Mass (**SI Curtis & Simone Mann**)

7:30 pm - Ladies' Night

8:00 pm - Christ the King Prayer group

FRIDAY, June 17, 2022

11:00 am - Confessions, Adoration & Rosary

12:10 pm - Mass († **Nick & Vivian Kalyniuk**)

5:30 pm - Sto. Nino Prayer Group

SATURDAY, June 18, 2022

11:00 am - Confessions, Adoration & Rosary

12:10 pm - Mass (**SI Dave & Laurice Sidloski**)

Sunday, June 19, 2022

Solemnity of the Most Holy Body and Blood of Christ

8:00 am - Mass

10:00 am - Mass **Livestreamed at stpaulscc.com**

First Holy Communion and Procession with the Blessed Sacrament along the River Bank

3:00 pm - Baptism

5:00 pm - Filipino Mass

7:30 pm - Vespers

8:00 pm - Mass

Sts. Benedict and Scholastica Formation is more than a university discernment program!

The Roman Catholic Diocese of Saskatoon is partnering with St. Thomas More College (STM) to provide faith formation and discernment to university students pursuing an academic path to vocations or service in the Church. The diocesan Sts. Benedict and Scholastica Formation Program is designed for candidates who are pursuing "an academic and vocational pathway" that seeks ordained ministry, religious life, or professional lay ministry in the Catholic Church. **The deadline to apply for the 2022-23 year is July 15.** For more information (including a link to the related STM curriculum), see rcdos.ca/sts-benedict-and-scholastica or contact Sr. Malou Tibayan of the Verbum Dei Missionary Fraternity at mtibayan@rcdos.ca or (306) 659-5843.



Learn from Chef Father Stefano Penna
Featuring 5 different pasta dishes with anti-pasta

Friday June 17th at 5:00pm

Space is Limited, by Donation

Bishop Mahoney Basement Hall

Register by June 13th by phone: 652-0033

Or email: apenna@stpaulcathedral.ca

OFFERING for June 5, 2022

| | |
|------------------------------------|------------|
| Cash Donations | \$ 1036.55 |
| Envelope Donations | \$ 2972.00 |
| Renovations | \$ 1190.00 |
| Pope's Pastoral Works | \$ 200.00 |
| E-transfers for May | \$ 2395.00 |
| Pre-authorized Giving (PAG) June 1 | \$ 4365.00 |

LITTLE SISTER PARISH



For the week of **June 5-12** we are asking for **LARGE BAG OF RICE**. Guadalupe Parish always needs Ziplock storage bags. Drop-off bin is in the welcome area.